

# St. Albert Sports Academy Recreation Program

## Bertha Kennedy Catholic School

“Athletics are a Dress Rehearsal for Life”

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### October 2024 Schedule

Date	Location	Activity	Equipment	Lunch
Oct 2	St. Albert Rugby Club	Rugby	Shoes, Water Bottle	At School
Oct 7	Willoughby Tennis Courts	Tennis	Shoes, Water Bottle	On Bus
Oct 9	Langholm Disk Golf	Disk Golf	Shoes, Water Bottle	At School
Oct 14	Thanksgiving	NO SCHOOL		
Oct 16	Servus Place	Volleyball	Shoes, Water Bottle	On Bus
Oct 21	St. Albert Bowling Alley	Bowling	Shoes, Water Bottle	At School
Oct 23	Albert Lacombe	Yoga	Shoes, Water Bottle, Yoga mat or towel	At School
Oct 28	House of wheels	Scooter	Shoes, Water Bottle	On Bus
Oct 30	House of wheels	Scooter	Shoes, Water Bottle	On Bus